



Jupiter Campus – Supporting a TSRI Community Member in Crisis:

There will be times on our campus when we have one of our community members – faculty, staff, postdoc, student or intern – experiencing crisis. This could be stemming from personal or professional struggle, but in any case, there is support available at TSRI. If you know of a community member who may be in crisis, please contact one of the following:

- TSRI Security Services: Dial 2757
- Local Police/Fire/Rescue: 911 or non-emergency line: (561) 746-6201
- 24/7 Mobile Crisis Unit: (561) 383-5777
- Crisis Line – 24 /7: 211 or 561-383-1111
- Suicide Prevention Lifeline: (800) 273-8255 or (800) 784-2433
- Employee Assistance Program: 24-hour psychiatric help is available to benefits-eligible members of the TSRI community: Optum Health, (800) 888-2998, www.liveandworkwell.com, Access Code: 10730

*If you are concerned about a community member that is **not** an imminent danger to themselves or others, please contact the following for assistance:*

Faculty members, Staff members, or Postdoctoral Fellows:

Linda Gavit
(561) 228-2030
lgavit@scripps.edu

Christine Ng A Fook
(561) 228-2036
cngafook@scripps.edu

Graduate Students:

Cheryl Marra
(561) 228-2024
cmarra@scripps.edu

Dawn Eastmond, PhD
(858) 784-2872 or x 4-2872
eastmond@scripps.edu

For referral to all community members:

Counseling Office:

Dana Scoville, PhD, LMHC (Licensed Staff Counselor)
(561) 228-2288
dscovill@scripps.edu

Daphne Lurie, Ph.D. (CAPS director and licensed psychologist)
(858) 784-7915 or x 4-7915
dlurie@scripps.edu

Supporting Community Members in Crisis

Signs of concern:

Excessive absences
Plummeting academic or professional performance
Poor personal hygiene
Self-isolation and/or hostility toward others
Difficulty controlling emotions or behavior

Engagement in high-risk behavior
Expressed emotional distress
Threats of harm to self or others
Intoxication in the workplace
Strange or suspicious thinking

Do I have a relationship with this person?

Yes

No

Speak directly with the person.
Schedule a private, 1:1 meeting.
Let someone else in your lab/department know about it.
Tell the person what you've noticed about their behavior that's caused concern.
Listen carefully to the person's response.
Restate what you've heard.

Consult with campus resources
Faculty members, Staff members, or Postdoctoral Fellows:
Linda Gavit or Christine Ng A Fook
Graduate Students: Cheryl Marra
For referral to all community members:
Counseling Office: Dana Scoville, PhD, LMHC

Assess: Is this an emergency?

Has the person expressed an intent of harm to self or others?
Is the person behaving in a threatening or violent manner?
Does the person seem out of touch with reality?
Does anything else about the situation seem threatening or dangerous?

Yes

No

Contact:
Security: 2757
Police: 911
24/7 Mobile Crisis Unit: (561) 383-5777, or
call their emergency contact for assistance if transport
is needed

Helpful Things to say:

"Accepting help is a sign of strength."
"How about a one-time visit to the counseling center?"
"Who can you talk to for support?"
"What can you do to take care of yourself tonight/this weekend?"